

RESULTS :

HEILIG HART

5 km S1

JETTE

12/05/2023

rank	bib	gender	name [catg / year]			time	time / km	km/h
1	294	M 1	Jazaeri Amir [Sen] 1999	Jette	----	18:27	03:41	16.30
2	140	M 2	Housiaux Julien [Sen] 2012	Ng	Resc	22:12	04:26	13.50
3	288	M 3	Temmerman Otto [Sen] 2007	Bekkevoort	----	22:25	04:29	13.40
4	127	M 4	Leyssens Charlie [Sen] 2011	Ng	----	23:38	04:43	12.70
5	139	F 1	Cornelis Sophie [Sen] 1985	Ng	Joggans	23:52	04:46	12.60
6	310	M 5	Delvenne Tibo [Sen] 2012	Jette	----	24:07	04:49	12.40
7	162	M 6	Gijsegom Matteo [Sen] 2014	Ng	----	24:52	04:58	12.10
8	160	M 7	Gijsegom Jelle [Mas 40] 1980	Ng	----	24:56	04:59	12.00
9	151	M 8	Grouwels Solen [Sen] 2012	Ng	----	25:07	05:01	11.90
10	180	M 9	Denis Leander [Sen] 2007	Ng	----	25:20	05:04	11.80
11	117	F 2	Descamps Delphine [Mas 40] 1982	Ng	----	25:27	05:05	11.80
12	189	M 10	Henry Edouard [Sen] 2009	Ng	----	25:33	05:06	11.70
13	104	M 11	Favre Otto [Sen] 2014	Ng	----	26:01	05:12	11.50
14	184	M 12	Vangoidtsenhoven Andreas [Sen] 2014	Ng	----	26:17	05:15	11.40
15	132	M 13	Ronveaux Felix [Sen] 2015	Ng	----	26:21	05:16	11.40
16	145	M 14	Kouamou Hugo [Sen] 2015	Ng	----	26:24	05:16	11.40
17	187	M 15	Decoodt Louis [Sen] 2014	Ng	----	26:32	05:18	11.30
18	175	M 16	Rombouts Maxence [Sen] 2012	Ng	----	26:42	05:20	11.20
19	143	M 17	Ladrière Natan [Sen] 2013	Ng	----	26:47	05:21	11.20
20	210	M 18	Peters Yannick [Mas 40] 1980		----	26:55	05:23	11.10
21	240	M 19	Becker Thierry [Mas 50] 1962	Jette	Joggan's	27:00	05:24	11.10
22	141	M 20	Ladrière Thibault [Mas 40] 1982	Ng	----	27:03	05:24	11.10
23	200	M 21	Desmet Pieter [Sen] 1986	Ng	----	27:06	05:25	11.10
24	163	M 22	Maes Jeroen [Sen] 1994	Ng	----	27:29	05:29	10.90
25	315	M 23	Loic Mathieu [Sen] 2004		----	27:31	05:30	10.90
26	260	M 24	Purusi Arthur [Sen] 2023	Jette	----	27:32	05:30	10.90
27	122	M 25	Polet Simon [Sen] 2015	Ng	----	27:36	05:31	10.90
28	307	M 26	Muyldermans Lieven [Mas 50] 1971	Jette	Joggans	27:39	05:31	10.80
29	331	M 27	Claeys Doryan [Sen] 2007	Jette	----	27:40	05:32	10.80
30	275	M 28	Buelens Elliot [Sen] 2008	Ng	----	27:45	05:33	10.80
31	286	M 29	Chabert Kamiel [Sen] 2010	Jette	----	27:46	05:33	10.80
32	287	M 30	Chabert Wannes [Sen] 2008	Jette	----	27:47	05:33	10.80
33	101	F 3	Houman Marianne [Mas 40] 1982	Ng	----	27:48	05:33	10.80
34	138	M 31	Verriez Ludovic [Sen] 2006	Ng	Joggans	27:48	05:33	10.80
35	137	F 4	Vanuffelen Muriel [Mas 50] 1972	Ng	Joggans	27:50	05:34	10.80
36	203	F 5	Loones H�el�ene [Sen] 2007	Ng	----	27:51	05:34	10.80
37	246	F 6	Boogaerts Lou [Sen] 2014	Jette	----	27:55	05:35	10.70
38	269	M 32	Beeckman Julien [Mas 50] 1948	Liedekerke	----	28:05	05:37	10.70
39	148	F 7	Meskens Louise [Sen] 2011	Ng	----	28:31	05:42	10.50

40	124	M 33	Van Damme Lionel [Mas 40] 1982	Ng	----	28:37	05:43	10.50
41	1198	M 34	Delbeke Sam [Sen] 2015	Ng	----	28:47	05:45	10.40
42	136	M 35	Delbeke Stijn [Mas 40] 1981	Ng	----	28:50	05:46	10.40
43	339	M 36	Bourdon Alain [Mas 50] 1963		----	28:52	05:46	10.40
44	198	M 37	Van Den Dries Lennert [Sen] 2012	Ng	----	29:19	05:51	10.20
45	190	M 38	Verhasselt Lowie [Sen] 2009	Ng	----	29:21	05:52	10.20
46	202	M 39	Loones Arthur [Sen] 2006	Ng	----	29:26	05:53	10.20
47	126	F 8	Medina Medina Tayana [Sen] 2010	Ng	----	29:30	05:54	10.20
48	121	M 40	Rivas Corvers Lander [Sen] 2011	Ng	----	29:40	05:56	10.10
49	181	M 41	Harckmans Alex [Sen] 2011	Ng	----	29:45	05:57	10.10
50	199	F 9	Debaillie Isabelle [Mas 40] 1974	Ng	Resc	29:46	05:57	10.10
51	156	M 42	Laenens Francis [Mas 50] 1951	Ng	Joggans	29:50	05:58	10.10
52	300	M 43	Mertens Raphael [Sen] 2007	Jette	----	29:52	05:58	10.00
53	293	M 44	Wolfs Bent [Sen] 2007	Jette	----	29:55	05:59	10.00
54	253	F 10	Moerman Aurore [Mas 40] 1982	Jette	----	30:13	06:02	9.90
55	284	M 45	Gielen Boris [Sen] 2011	Brussel	----	30:15	06:03	9.90
56	197	M 46	Valdez Castro Yeiko José [Sen] 2016	Ng	Hh	30:19	06:03	9.90
57	142	M 47	Pomponi Cedric [Sen] 1984	Ng	Joggans	30:23	06:04	9.90
58	133	F 11	Stockbroekx Bregje [Mas 40] 1981	Ng	----	30:27	06:05	9.90
59	111	M 48	De Ville Serroen Alfred [Sen] 2015	Ng	----	30:31	06:06	9.80
60	116	M 49	Leflere Maxime [Sen] 2015	Ng	----	30:32	06:06	9.80
61	316	M 50	Arnauts Pol [Mas 50] 1959		----	30:33	06:06	9.80
62	174	F 12	Rombouts Alexia [Sen] 2015	Ng	----	30:36	06:07	9.80
63	150	M 51	Mehrjoo Sam [Sen] 2011	Ng	Heilighart	30:36	06:07	9.80
64	270	M 52	Kremer Aurélien [Sen] 2011	Ng	Joggans	30:37	06:07	9.80
65	153	M 53	Lotiquet Elliot [Sen] 2011	Ng	----	30:39	06:07	9.80
66	108	M 54	Bleys Brent [Mas 40] 1980	Ng	----	30:41	06:08	9.80
67	103	F 13	Hugo Sofie [Mas 40] 1981	Ng	----	30:42	06:08	9.80
68	167	M 55	Martinez Miguel [Sen] 2011	Ng	----	31:11	06:14	9.60
69	194	M 56	Denis Ian [Sen] 2009	Ng	----	31:12	06:14	9.60
70	201	F 14	Verhasselt Noor [Sen] 2011	Ng	----	31:13	06:14	9.60
71	147	F 15	Meskens Nina [Sen] 2011	Ng	----	31:14	06:14	9.60
72	206	M 57	De Boom Harry [Mas 50] 1948	Ng	Les Gazelles	31:15	06:15	9.60
73	102	F 16	Bels Kirsten [Mas 40] 1982	Ng	----	31:17	06:15	9.60
74	146	M 58	Kouamou Lucas [Sen] 2015	Ng	----	31:27	06:17	9.50
75	308	F 17	Piroux Ariane [Sen] 1984		----	31:41	06:20	9.50
76	277	M 59	Ghysels Sil [Sen] 2015	Ng	----	31:44	06:20	9.50
77	204	F 18	Rosseel Leen [Mas 40] 1975	Ng	----	31:46	06:21	9.40
78	285	M 60	Put Ivan [Sen] 2010	Jette	----	31:47	06:21	9.40
79	120	F 19	Bruggeman Ann [Mas 40] 1977	Ng	----	31:48	06:21	9.40
80	279	M 61	Ghysels Bart [Mas 40] 1975	Ng	----	31:48	06:21	9.40
81	191	M 62	Denis Felix [Sen] 2012	Ng	----	32:19	06:27	9.30
82	100	M 63	Vanwalleghem Hans [Mas 50] 1962	Ng	----	32:25	06:29	9.30

83	251	M 64	Segaert Lars [Sen] 2015	Ng	----	32:31	06:30	9.20
84	252	M 65	Vanhaverbeke Ruth [Mas 40] 1978	Ng	----	32:32	06:30	9.20
85	171	M 66	Seynaeve Arno [Sen] 2009	Ng	----	32:33	06:30	9.20
86	186	F 20	Decoodt Floor [Sen] 2011	Ng	----	32:35	06:31	9.20
87	207	M 67	Caudron Lionel [Sen] 2013	Ng	----	32:36	06:31	9.20
88	188	M 68	Decoodt Wim [Mas 40] 1980	Ng	----	32:38	06:31	9.20
89	161	F 21	Gijsegom Loes [Sen] 2011	Ng	----	32:39	06:31	9.20
90	208	M 69	Caudron Vincent [Sen] 1983	Ng	----	32:46	06:33	9.20
91	125	F 22	Vanderleen Veerle [Mas 40] 1978	Ng	----	32:57	06:35	9.10
92	311	M 70	Delvenne Cobe [Sen] 2009	Jette	----	33:12	06:38	9.00
93	128	M 71	Coppens Daan [Sen] 2011	Ng	----	33:30	06:42	9.00
94	259	F 23	Gabellini Gloria [Sen] 1983	Ng	----	33:35	06:43	8.90
95	306	M 72	De Kerpel Gilles [Sen] 2014	Jette	----	34:00	06:48	8.80
96	305	F 24	De Kerpel Philippe [Mas 40] 1978	Jette	----	34:01	06:48	8.80
97	185	F 25	Loodsteen Inge [Mas 40] 1981	Ng	----	34:02	06:48	8.80
98	195	M 73	Vandenhaut Thibault [Sen] 1990	Ng	----	34:11	06:50	8.80
99	149	M 74	Meskens Cas [Sen] 2008	Ng	----	34:22	06:52	8.70
100	123	F 26	Corvers Helga [Mas 40] 1977	Ng	----	34:25	06:53	8.70
101	106	F 27	Druyts Bieke [Mas 40] 1983	Ng	----	34:26	06:53	8.70
102	130	F 28	La Haye Noemie [Sen] 2012	Ng	----	34:27	06:53	8.70
103	107	M 75	Bleys Sebastian [Sen] 2015	Ng	----	34:28	06:53	8.70
104	113	F 29	Michiels Virginie [Sen] 1987	Ng	----	34:33	06:54	8.70
105	112	M 76	Nzimbala Cedric [Sen] 1989	Ng	----	34:34	06:54	8.70
106	268	F 30	Serroen Benedicte [Mas 40] 1978	Jette	----	35:04	07:00	8.60
107	134	M 77	Beauthier Frédéric [Mas 40] 1982	Ng	----	35:09	07:01	8.50
108	135	M 78	Beauthier Louis [Sen] 2012	Ng	----	35:18	07:03	8.50
109	250	M 79	Ben Fredj Mohamed [Mas 50] 1966	Ng	----	35:29	07:05	8.50
110	245	M 80	Demeulemeester Jacob [Sen] 2009	Ganshoren	----	35:41	07:08	8.40
111	129	M 81	Coppens David [Mas 40] 1977	Ng	----	35:42	07:08	8.40
112	256	F 31	Vannieuwenhuyse Tine [Sen] 1986	Brussel	----	36:01	07:12	8.30
113	105	F 32	Keyers Annelies [Sen] 1983	Ng	----	36:03	07:12	8.30
114	169	F 33	Macq Louise [Sen] 2007	Ng	----	36:04	07:12	8.30
115	295	M 82	De Kerpel Freek [Sen] 2010	Jette	----	36:45	07:21	8.20
116	164	F 34	Vermote Marie [Sen] 2010	Ng	----	36:55	07:23	8.10
117	282	F 35	Mabela Divine [Sen] 2000	Ng	----	36:58	07:23	8.10
118	278	F 36	Ghysels Juno [Sen] 2011	Ng	----	37:00	07:24	8.10
119	159	F 37	Rafaelian Elmira [Sen] 2011	Ng	Hh Jette	37:01	07:24	8.10
120	249	F 38	Ben Fredj Nour [Sen] 2011	Ng	----	37:04	07:24	8.10
121	157	F 39	Janssen Jade [Sen] 2011	Ng	----	37:05	07:25	8.10
122	280	F 40	Ghysels Noa Elle [Sen] 2013	Ng	----	37:06	07:25	8.10
123	309	F 41	Mesapresa Gaele [Mas 40] 1981		----	37:26	07:29	8.00
124	276	F 42	Verstraeten Catherine [Mas 40] 1980	Jette	----	37:31	07:30	8.00
125	178	F 43	De Bondt Britt [Sen] 1993	Ng	----	37:35	07:31	8.00

126	173	M 83	Stepman Alain [Mas 50] 1960	Ng	----	37:37	07:31	8.00
127	179	M 84	Malik Gaurav [Sen] 1994	Ng	----	37:38	07:31	8.00
128	131	F 44	Domine Alice [Sen] 2012	Ng	Heilighart	37:51	07:34	7.90
129	176	F 45	Wijffels Rosanne [Sen] 2015	Ng	----	38:21	07:40	7.80
130	177	F 46	Rondou Sara [Sen] 1984	Ng	----	38:22	07:40	7.80
131	172	F 47	Haesevoets Annelies [Mas 40] 1979	Ng	----	38:23	07:40	7.80
132	281	F 48	Glorieux Saskia [Mas 40] 1981	Ng	----	38:48	07:45	7.70
133	205	M 85	Zonder Naam [Sen]		----	38:50	07:46	7.70
134	109	M 86	Du Four Benoît [Mas 40] 1977	Ng	----	39:00	07:48	7.70
135	272	F 49	Buelens Marie [Sen] 2012	Ng	----	39:20	07:52	7.60
136	115	F 50	Leflere Olivia [Sen] 2012	Ng	----	39:21	07:52	7.60
137	170	F 51	Seynaeve Anna [Sen] 2012	Ng	----	39:22	07:52	7.60
138	273	F 52	Catalan Maud [Mas 40] 1978	Ng	----	39:23	07:52	7.60
139	110	F 53	Du Four Constance [Sen] 2014	Ng	----	39:27	07:53	7.60
140	247	F 54	Mignon Demanet Danaé [Sen] 2014	Ng	----	39:28	07:53	7.60
141	248	M 87	Mignon Nicolas [Mas 40] 1982	Ng	----	39:29	07:53	7.60
142	166	F 55	Claeys An [Mas 40] 1979	Ng	----	39:37	07:55	7.60
143	196	F 56	Valdez Castro Gema [Sen] 2016	Ng	Hh	39:49	07:57	7.50
144	283	F 57	Ochs Rafaelle [Sen] 2009	Jette	----	40:55	08:11	7.30
145	369	F 58	Hoquet Rebecca-lina [Sen] 2009	Jette	----	40:56	08:11	7.30
146	165	F 59	Vermote Ella [Sen] 2009	Ng	----	40:57	08:11	7.30
147	192	F 60	Zaremba Emilie [Mas 40] 1977	Ng	----	41:38	08:19	7.20
148	193	M 88	Denis Hubert [Mas 40] 1978	Ng	----	41:40	08:20	7.20
149	314	M 89	Segers Dirk [Mas 50] 1962		----	42:12	08:26	7.10
150	312	M 90	Mathys Laurent [Mas 50] 1965		----	42:14	08:26	7.10
151	183	F 61	Jaspers Nathalie [Sen] 1985	Ng	----	44:38	08:55	6.70
152	154	M 91	Grouwels Lilun [Sen] 2014	Ng	----	45:25	09:05	6.60
153	155	M 92	Grouwels Gaël [Mas 40] 1983	Ng	----	45:32	09:06	6.60
154	267	F 62	Guru Rajeev Maya [Sen] 2011	Jette	----	47:43	09:32	6.30
155	168	M 93	Vandenbruggen Djohar [Sen] 2011	Ng	----	47:43	09:32	6.30
156	158	F 63	Curraj Leona [Sen] 2010	Ng	----	48:01	09:36	6.20
157	298	F 64	Jaspers Dominique [Mas 40] 1976		----	48:19	09:39	6.20
158	114	M 94	Gelade Matteo [Sen] 2016	Ng	----	50:41	10:08	5.90
159	211	F 65	Velghe Liesbeth [Sen] 1987		----	50:44	10:08	5.90
160	244	M 95	Gelape Wouter [Sen] 1984	Jette	----	50:45	10:09	5.90
161	118	M 96	Buelens Nicolas [Mas 50] 1973	Ng	----	53:08	10:37	5.60
162	274	F 66	Buelens Laura [Sen] 2009	Ng	----	53:10	10:38	5.60
163	261	F 67	Purusi Emma [Sen] 2007	Jette	----	70:28	14:05	4.30
164	271	F 68	Vanderhaeghen Lily [Sen] 2010	Jette	----	70:29	14:05	4.30
165	264	F 69	Zonder Naam [Sen]		----	71:01	14:12	4.20