

## RESULTS :

## HEILIG HART

## 10 km S1

## JETTE

12/05/2023

rank	bib	gender	name [ catg / year ]			time	time / km	km/h
1	74	M 1	Tierens Ziggy [ Sen ] 2009	Ganshoren	----	35:38	03:33	16.80
2	88	M 2	Vermeiren Roeland [ Mas 50 ] 1971	Jette	----	37:18	03:43	16.10
3	64	M 3	Boogaerts Jules [ Sen ] 2013	Jette	----	40:35	04:03	14.80
4	32	M 4	Michel Nicolas [ Mas 40 ] 1977	Ng	Joggans	43:12	04:19	13.90
5	14	M 5	La Haye Anthony [ Sen ] 2006	Ng	----	44:25	04:26	13.50
6	27	F 1	Langlet Sophie [ Mas 40 ] 1977	Ng	Joggans	46:02	04:36	13.00
7	16	M 6	Scailquin Hervé [ Mas 50 ] 1961	Ng	Joggans	47:29	04:44	12.60
8	46	M 7	Harckmans Sacha [ Sen ] 2014	Ng	----	47:56	04:47	12.50
9	36	M 8	Domine Cyprien [ Sen ] 2014	Ng	Heilighart	47:57	04:47	12.50
10	40	M 9	Seynaeve Adriaan [ Mas 40 ] 1979	Ng	----	48:48	04:52	12.30
11	23	M 10	Fourdin Stephane [ Sen ] 1985	Ng	Joggans	48:59	04:53	12.20
12	30	M 11	Vanderveken Vincent [ Mas 40 ] 1974	Ng	Joggans	49:01	04:54	12.20
13	21	M 12	Kennis Marc [ Mas 50 ] 1970	Ng	Joggans	49:39	04:57	12.10
14	90	F 2	Porre Laurent [ Mas 40 ] 1978	Jette	----	50:21	05:02	11.90
15	69	F 3	De Geyter Deborah [ Sen ] 1985	Ng	Joggans	50:41	05:04	11.80
16	33	F 4	Zonder Naam [ Sen ]		----	51:21	05:08	11.70
17	61	M 13	Ochs Marius [ Sen ] 2011	Jette	----	51:22	05:08	11.70
18	44	F 5	Moulaert Gaétane [ Sen ] 1986	Ng	Joggans	51:23	05:08	11.70
19	77	M 14	Vandenbussche Jeremie [ Mas 40 ] 1978	Jette	----	51:25	05:08	11.70
20	19	F 6	Ghyssaert Isabelle [ Mas 40 ] 1978	Ng	Joggans	51:37	05:09	11.60
21	78	F 7	Lievens Joke [ Mas 40 ] 1978	Jette	----	51:39	05:09	11.60
22	15	M 15	Charles Timon [ Sen ] 2009	Ng	Resc	53:39	05:21	11.20
23	29	M 16	Cocle Gauthier [ Sen ] 1984	Ng	----	53:45	05:22	11.20
24	20	F 8	Amrani Rafika [ Mas 40 ] 1975	Ng	Joggan's	53:56	05:23	11.10
25	48	M 17	Van Den Dries Lukas [ Sen ] 2009	Ng	----	54:22	05:26	11.00
26	72	M 18	Palmans Luiz [ Sen ] 2007	Ng	----	54:27	05:26	11.00
27	87	F 9	Machiels Heidi [ Mas 50 ] 1970	Koekelberg	----	54:41	05:28	11.00
28	31	F 10	De Neef Sophie [ Mas 40 ] 1976	Ng	Joggans	54:45	05:28	11.00
29	63	F 11	Benis Melissa [ Sen ] 1990	Ng	Joggans	54:53	05:29	10.90
30	91	M 19	Vandeputte Pollux [ Sen ] 2012	Jette	----	55:26	05:32	10.80
31	13	M 20	Polet Neal [ Sen ] 2013	Ng	----	55:41	05:34	10.80
32	11	F 12	Roelants Anja [ Mas 50 ] 1973	Ng	----	55:49	05:34	10.70
33	86	M 21	Chabert Erik [ Mas 40 ] 1973	Jette	----	55:58	05:35	10.70
34	84	M 22	Chabert Stan [ Sen ] 2010	Jette	----	56:26	05:38	10.60
35	10	M 23	Dewulf Mauritz [ Sen ] 2010	Ng	Dilbeek Ac	56:28	05:38	10.60
36	18	F 13	Delbecque Laure [ Mas 40 ] 1980	Ng	Resc	57:16	05:43	10.50
37	82	F 14	Put Lena [ Sen ] 2007	Jette	----	57:21	05:44	10.50
38	28	M 24	De Vos Guy [ Mas 50 ] 1963	Ng	----	57:23	05:44	10.50
39	22	F 15	Verhas Nancy [ Mas 40 ] 1978	Ng	Joggans	57:58	05:47	10.40

40	38	M 25	Macq Jean-françois [ Mas 40 ] 1978	Ng	Joggans	58:03	05:48	10.30
41	41	F 16	Peneau Delphine [ Mas 40 ] 1979	Ng	Joggans	58:43	05:52	10.20
42	80	M 26	Palmans Bart [ Mas 40 ] 1973	Ng	----	58:54	05:53	10.20
43	49	M 27	Omar Him [ Mas 40 ] 1979	Ng	----	59:20	05:56	10.10
44	81	M 28	Emil Emil [ Sen ] 2009	Jette	----	59:41	05:58	10.10
45	73	M 29	Palmans Bruno [ Sen ] 2009	Ng	----	59:43	05:58	10.00
46	76	M 30	Latracht Houmad [ Mas 50 ] 1955	Ganshoren	Joggans	60:05	06:00	10.00
47	65	M 31	Fransen Filip [ Mas 40 ] 1981	Ng	----	61:10	06:07	9.80
48	85	F 17	Monballilli Liesbet [ Mas 40 ] 1979	Jette	----	61:12	06:07	9.80
49	68	M 32	Muylle Laurent [ Mas 40 ] 1979	Ng	----	61:13	06:07	9.80
50	17	F 18	Secades Beatriz [ Mas 40 ] 1976	Ng	Joggans	61:14	06:07	9.80
51	66	F 19	Mertens Valérie [ Sen ] 1984	Ng	----	63:17	06:19	9.50
52	62	F 20	De Piere Saskia [ Mas 40 ] 1978	Jette	----	63:49	06:22	9.40
53	89	F 21	Houben Kathelijne [ Mas 40 ] 1975	Jette	----	63:59	06:23	9.40
54	70	M 33	Cosyns Xavier [ Mas 40 ] 1975	Ng	----	64:52	06:29	9.20
55	1429	F 22	Poinsot Aurelie [ Mas 50 ] 1968	Ng	Cepal	67:46	06:46	8.90
56	47	F 23	Idrissi Hamida [ Mas 40 ] 1975	Ng	----	68:26	06:50	8.80
57	83	M 34	Tasso Herut [ Sen ] 1988	Opwijk	----	68:37	06:51	8.70
58	39	F 24	Novoa Marcela [ Sen ] 1990	Ng	----	68:39	06:51	8.70
59	25	F 25	Craen Martine [ Mas 50 ] 1973	Ng	----	68:41	06:52	8.70
60	42	M 35	Wijffels Midas [ Sen ] 2013	Ng	----	72:09	07:12	8.30
61	43	M 36	Wijffels Jan [ Mas 40 ] 1979	Ng	----	72:20	07:14	8.30
62	45	M 37	Vershelde Alain [ Mas 50 ] 1958	Ng	Excelsior	72:21	07:14	8.30
63	71	F 26	Geurts Dolores [ Mas 40 ] 1979	Jette	----	74:39	07:27	8.00
64	75	M 38	Zonder Naam [ Sen ]		----	75:56	07:35	7.90
65	79	F 27	Korangi Gurung Suresh Kumar [ Mas 40 ] 1979	Halle	Aanpurna	79:43	07:58	7.50
66	24	M 39	Van Driessche Herman [ Mas 50 ] 1959	Ng	----	104:53	10:29	5.70
67	34	F 28	Bouybouda Wissame [ Sen ] 2012	Ng	----	104:55	10:29	5.70
68	35	F 29	Elhafidi Ilham [ Mas 40 ] 1980	Ng	----	104:56	10:29	5.70